



Blindness Low Vision Experience

The Whole Person's Blindness Low Vision Experience program encourages individuals to enjoy opportunities to achieve greater independence and access to the community through physical and outdoor activities, art and cultural events and other experiences.

Examples of activities include Stretching Without Looking (flexibility and strength class), Bowling Blind (accessible bowling), Tech Talk (guest speakers on a variety of topics), Mind's Eye View Peer Support Group and adaptive sports activities throughout the year. Each activity meets on different dates and times depending on activities. See calendar listings below.

TWP creates accessible documents for all our programs to support participants who are blind or have low vision.

Mind's Eye View Peer Support Group - Mind's Eye View is a peer support group for blind and low vision consumers. It is a recurring Zoom event, on the first Monday of the month from 5:30-6:30pm and is consumer-led in which they bring up topics they would like to discuss. Contact Kirby to get the Zoom link! Join us for this great group!

Tech Talk - Tech talk is a peer support group for blind and low vision consumers. It is a recurring Zoom event, on the third Monday of the month from 5:30-6:30pm. Each Tech Talk will have a guest speaker who will share information on topics that interest participants. Email Kirby to get Zoom link. Join us for this interesting and informative group.

Virtual Stretching Without Looking - Improve your flexibility and strength with detailed description and hands-on help. You don't have to see it to do it! This class is held in a ZOOM environment, so you will need to email Kirby Hough to obtain the code to enter the event. Led by Liz Kerlin with True Love Yoga KC.

Bowling Blind - Bowling Blind is held on the third Wednesday of each month from 11:30am-2:00pm at Ward Parkway Lanes, 1523 W 89th St, Kansas City, MO 64114. We bowl two games for the price of one (a nonprofit discount), for \$7.00 per person. Bring CASH! We must pay with one credit card, which means participants need to bring \$7.00 cash, which will be collected before we pay for the entire group. If you don't have cash, you may pay with your credit card, but you will be paying regular price, \$7.00 per game. RSVP by the TUESDAY BEFORE to Kirby Hough.

Contact Kirby to get involved!

Kirby Hough

Blind Low Vision Specialist

khough@thewholeperson.org

816-659-9403



Mission Statement

The Whole Person connects people with disabilities to the resources they need by supporting independent choice and advocating for positive change in the community.

Vision Statement

The Whole Person envisions a fully accessible community where opportunities and choices are not limited by disability.

Core Values

The core values will influence how we interact with each other, guide how we go about our work and fulfill our mission.

- Respect
- Integrity
- Inclusiveness
- Commitment
- Collaboration

Who We Serve

- People with disabilities
- Parents, spouses, siblings and significant others of people with disabilities
- Schools
- Businesses
- Local government agencies
- Volunteer organizations
- Hospitals, health organizations and the medical community
- Civic organizations
- Churches/religious organizations
- Veterans
- Any individual or organization seeking assistance

Programs Include

- Independent Living Services
- Personal Assistant Services
- Employment Services
- Individual and Systems Advocacy
- The Whole Family Project
- Transition Services
- Adaptive Sports
- Blind Low Vision Program
- Telecommunications Access Program (TAP)

Support Groups

Through peer groups there is a full exchange of brainstorming, problem solving, and sharing of concerns, successes, and ways to address issues. Peer groups meet 1-2 times a month.

Visit our website for more information about each of these groups, meeting dates, locations and contact information for each facilitator.

Community Outreach

The Whole Person provides education on disability etiquette, including reasonable accommodations, people-first language, and disability awareness. Visit our website to arrange a presentation for your company or organization, or tour our offices.

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To learn more about TWP, visit
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