

Navigating a diagnosis like age-related macular degeneration, glaucoma, or diabetic retinopathy is challenging. To help make your daily routine more familiar, Audio-Reader and Talking Books offer local newspapers, national magazines, and your favorite books in an audio format with multiple ways to listen. Both services are free of cost to patrons with AMD and other qualifying conditions.

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Listen to local newspapers, grocery & discount store ads, magazines, and select books on our 24/hour radio broadcast or on-demand over the telephone, internet, or through our Alexa Skill.

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## **Talking Books**

Access thousands of popular audio books and magazines through the National Library Service's talking books programs available state by state.

Kansas

kslib.info/talking (800) 362-0699 ktb@ks.gov

Missouri

sos.mo.gov/wolfner (800) 362-2614 wolfner@sos.mo.gov







# **Additional Resources**



#### aao.org/eye-health/diseases/ low-vision-resources



#### **Local and Regional Suggestions**

- Contact your local Senior Resource Center to find out what support groups, community resources, and social activities they offer.
- Resource Centers for Independent Living:
  - Kansas rcilinc.org | 877-929-7655
  - Missouri mocil.org | 573-556-0400
- State Area Aging Agencies (AAA):
  - Kansas Association of Area Agencies on Aging & Disability (k4ad):
    k4ad.org | 785-267-1336
  - Missouri Association of Area Agencies on Aging & Disability (ma4): ma4web.org | 800-235-5503
- State Departments
  - Kansas Dept. for Aging & Disability Services: kdads.ks.gov | 855-200--2372
  - Missouri Dept. of Senior & Disability Services: health.mo.gov/seniors | 800-235-5503

#### National Organizations for Support, Information, and Research

- American Diabetes Association: diabetes.org | 800-342-2383
- Am. Macular Degeneration Foundation: macular.org | 888-622-852
- Foundation Fighting Blindness | fightingblindness.org
- MD Support (list of support groups): mdsupport.org | 816-588-7747
- National Eye Health Education Program via NIH: nei.nih.gov
- National Institutes of Health (database of privately and publicly funded clinical trials around the world): clinicaltrials.gov



macularhope.org/patient-resources